Matten, Ellen

From:

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Sent:

Saturday, July 03, 1999 5:28 AM

To:

L. Robert

L. Robert Lake

U.S. CODEX Off

Sensitivity:

Personal

I am writing to express my outrage at the Food and

Drug

Administration's mishandling of the herb STEVIA in the

United States.

While other nations are able to use this wonderful

herb as a sugar

substitute. Americans are limited to using it as a

"dietary supplement".

Why is this? STEVIA is approved for use as a food and

food ingredient in

countries around the world--because it is all-natural,

non-toxic.

non-caloric, helpful to the environment, a valuable

cash crop and safe

for diabetics, hence completely safe for human

use--but FDA restricts

its use by Americans. Effectively banned within the

United States, STEVIA

plants are not even grown by American farmers.

With the passage of the 1994 Dietary Supplement Health and Education

Act (DSHEA), Congress rightly gave the power back to the people

concerning whether or not to improve their health with

natural products previously kept out of reach. DSHEA

also permitted

Americans to use STEVIA but only as a dietary

supplement. Despite this

legal protection, the FDA has done everything within

it's power to try to

prevent the importation and distribution of STEVIA in

the United States.

Petitions to have STEVIA receive GRAS (Generally

Accepted as Safe)

status were denied by the FDA. FDA employs delay

tactics, such as

requesting unreasonable amounts of statistical data

about this plant's

agricultural and commercial history prior to 1958.

In 1997, the CBS news magazine 60 Minutes aired a report revealing a

conflict of interest between FDA and one manufacturer of artificial

sweeteners. This manufacturer had "influenced" the director of the FDA

to get the approval of aspartame as a food additive during the 1980s

when there were many questionable reports on its safety. Today the FDA

receives more complaints about aspartame than about any other

product. It is believed that the cozy relationship

between FDA and the

artificial sweetener industry is why STEVIA has

largely been kept out of

reach of the American consumer.

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Is STEVIA safe? Absolutely. Research proves this--research the FDA ignores. Moreover, STEVIA has been used extensively around the world as an ingredient in foods WITHOUT A SINGLE CASE OF UNDESTRABLE EFFECTS. This fact alone should qualify as proof that the product is safe for use as an all-natural sweetener.

Do the American people want STEVIA? Count on it. Americans are more and more averse to the use of artificial substances in their diets. The herb STEVIA is especially beneficial for people who suffer from diabetes, hypoglycemia, candida and other ailments where regular use of sugar and artificial sweeteners is ill-advised.

As my elected representative, you ought to review the entire controversy surrounding the herb STEVIA. FDA's unconscionable withholding of this natural substance from the American people must be answered, once and for all.

Make good on DSHEA. Give STEVIA full legal status.

Yours truly. Stacey Elin Rossi

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